

The mission of Grow Your Own is to increase food independence, better health and well-being through shared knowledge and experience. The program offers workshops taught by neighbors that focus on gardening, cooking, and food preservation.



April 28, 2023



Thanks to our teachers!

Thanks to Karen Brown who taught two sessions of herbal salve making with bear fat and Captolia Santamore who taught two sessions of dumpling making! All sessions were a great success. Our partnership with the Craftsbury site of the Hardwick Area Food Pantry has allowed for these double sessions, a trend we are hoping to continue and expand in the future!



Upcoming GYO Events

5/20 in Hardwick:
lasagne-style gardening
with Hayley Williams
(above)

6/17: Pasta and sauce
making with Harmony
and Josh Peets (at left)

Sign up for workshops at
NourishHardwick.org/grow-your-own

